Things to Pray for:

CHURCH FAMILY NEEDS: Pray for Katy as she recovers from surgery. Pray for Randy Harmon's recovery from his clogged carotid artery. Pray for Jerry Jamrozy, who has bone cancer.

MISSIONARIES: This month pray for the Bellas in Turkey.

FAMILY OF THE WEEK: Each week we'll pray for a different family in our church. This week pray for the Hadleys.

HILLSIDE HAPPENINGS: Pray that the church would continue to stay unified under Christ. Pray for our livestream and for the people joining us there. Pray that God would use us to bring His Kingdom here. Pray for our children's ministry as it is getting built back up. Pray for Casa Del Alfarero, the Spanish-speaking Missionary Church 5 minutes from our building.

CURRENT HAPPENINGS: Pray for the recent earthquakes in Turkey. for the war in Ukraine.

<u>Numbers</u>

Attendance

In-person on 5/28/23: 47 Online views (through 6/1/23): 10



<u>Giving</u>

Online (5/22/23-5/28/23): \$155 In-Person on 5/21/23: \$80 for general, \$80 for missions

Total general needed weekly to meet budget: \$1480

Rather view this information on your phone? Feel free to scan this Q.R. code to view this on the Bible app! For future reference, we always have the QR code posted at the main entrance that will take you to that week's event in the Bible app!



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hmcworship.com



Welcome!

June 4th, 2023

Whether you're a guest or a long-time attendee we're glad you're here with us. We're a friendly and caring group of Christians who are here to help people be CONNECTED with Jesus, CHANGED by Jesus, and COMMITTED to the mission of Jesus.

GUESTS: Thanks for joining us today! We truly believe that you're not here by accident and that God has some amazing plans for your life. If you'd like some information about who we are and how to get plugged in here at Hillside, please fill out the "I'm New" page on our website, which can be found by the QR code to the right.



hmcworship.com/im-new

SERMON SERIES: Throughout this sermon series we are looking parts of God's Word involving the Old Testament prophet, Elijah. We're talking about what God did through his life, and how God calls us to do similar things.

HELP UKRAINE: Our denomination, the Missionary Church, has set a prayer guide, as well as a relief project fund for us to be able to help Ukraine during their time of need. Check out the links below by pointing your phone camera to the Q.R. codes:





Prayer Guide

Relief Project Fund

Announcements

LUNCH AT THE FISHERS: Join us for a time of fun, fellowship and lunch after church Pastor Josh and Tammi's house! Head over to the Fishers' house after service On June 4th if your last name starts with A-H or on June 11th if your last name starts with I-Z. Please bring a dessert or side dish to share! Please pull all the way through and park along the "U" driveway in the grass so people can come and go as needed. Please let Josh or Tammi know if you have any questions!

VENTURES FOR DUDES: June 21st from 9am-5pm will be our first ever Ventures for Dudes event! We will meet at the church and spend the day at Grand Mere State Park in Michigan. Lunch will be provided. Please reach out to Pastor Josh with any questions.

Opportunities to Help

TECH: Our worship team is looking for someone who would like to run sound and/or slides. Please see Pastor Josh.
WORSHIP TEAM: Would you like to help out on the worship team? Please see Carolyn Dodd for details.
PRAYER GUIDE: Will you be in prayer for Hillside? Prayer guides are available at the welcome counter. Also, if you

would like to be a prayer advocate, please see Pastor Josh. **MAINTENANCE TEAM:** Would you like to help out on the maintenance team? We need help inside and outside the building Please see Jeff Soule for details.

The Life of Elijah – Week 6

6/4/23 - 1 Kings 19:1-18 – How to Interact with Mental Health

In this passage of God's Word, we see an Elijah going through a very difficult time. In fact, many would consider Elijah to have suicidal ideation during this time. By taking a look at this part of Elijah's life, we can learn several things about interacting with mental health. This passage of God's Word helps us to realize:

- 1. No one is ______ to mental illness 1 Kings 19:4-5, John 11:35, Matt. 16:13-14, 17:2-3, 27:45-47
- 2. The enemy often attacks when we least ______ it 1 Kings 19:1-2, 1 Pet. 5:8, John 10:10, 2 Cor. 2:10-11, Eph. 6:11
- **4. Honestly go to God in** 1 Kings 19:4, 10, 13-14, Ps. 139:1-6, James 5:16, Rom. 8:26, Heb. 4:16
- 5. Accept God's _____ and _____ 1 Kings 19:5-8, Matt. 11:28-30, Ps. 23:1-2, 127:2, Ex. 33:14
- 7. Trust in God's _____ over your own 1 Kings 19:8, Is. 40:30-31, Ps. 27:14, 2 Pet. 3:8, Lam. 3:25-26
- 8. Process the ______ that led you here ______ that signal for the process the the pr
- **10.** Allow God to remind you of His ______ for you 1 Kings 19:15-17, Phil. 3:13-14, Eph. 1:11, 2:10, Prov. 19:21, Ps. 138:8
- 11. Allow God to remind you of the _____ of your past 1 Kings 19:18, Matt. 7:18-20, Gal. 5:22-23. Heb. 11:6, Col. 1:10

Reflection Questions

1. Have you ever heard this passage of Scripture or topic taught on before? What stood out to you?

2. How do you feel like going through this passage of Scripture helped you to interact with mental illness in a more Biblical way?

3. Read 1 Kings 19:4. Have you ever felt like Elijah did in 1 Kings 19:4? If so, what was the context, and what happened to your relationship with God during that time?

4. The enemy is attacking Elijah hard during this season of his life. Have you ever gone through a similar season of life? How does the enemy most often attack you?

5. Throughout this passage of God's Word, the Lord is kind to Elijah. He graciously helps him through the difficult time, giving him rest, food, time with Him, and a pathway out of the difficult season, all without allowing him to stay in his distress. What does that tell you about the way that God interacts with you?

6. How do you feel like studying and applying this passage of Scripture to your life can help you to help others that are going through difficult times in their life?

7. What is your biggest take away about how this passage affects your life? What do you need to work on? Who can you share this with and ask you to keep you accountable to accomplishing this?